

LASER at Bryant Summer Camp Snack Menu

Week 1



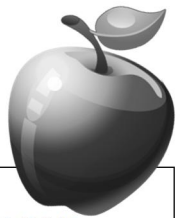
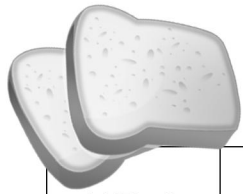
MEAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack (8:30 AM)	1 C. Cereal 1 C. Milk ½ C. Berries	2 Graham Crackers ½ C. Apple Sauce 1 C. Juice	½ Bagel 1 T. Cream Cheese ½ C. Berries 1 C. Juice	½ English Muffin 1 T Butter/Jam 1 C. Juice	1 C. Cereal 1 C. Milk ½ C. Berries Leftovers
PM Snack (4:30 PM)	½ C. Cheese its ½ C. Pepperoni ½ C. Oranges 1 C. Juice	1 C. Chips 2 T. Salsa ½ C. Cucumbers 1 C. Juice	4 Sl. of Pita Bread 2 T. Hummus ½ C. Bell Peppers 1 C. Juice	½ Turkey/Cheese sandwich on bread ½ C. Snap Peas 1 C. Juice	1 C. Chips 2 T. Salsa ½ C. Carrots 1 C. Juice Leftovers



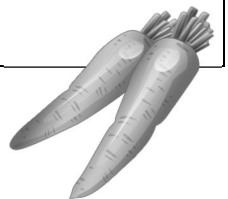
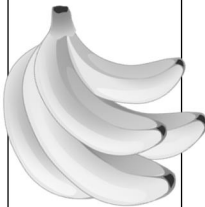
The menu is subject to change.

LASER at Bryant Summer Camp Snack Menu

Week 2



MEAL	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack (8:30 AM)	1 Piece of Toast 1 T. Cream Cheese ½ C. Berries 1 C. Juice	1 C. Cereal 1 C. Milk ½ C. Berries	½ English Muffin 1 T Butter/Jam 1 C. Juice	½ C. Yogurt ½ C. Granola ½ C. Berries 1 C. Juice	1 C. Cereal 1 C. Milk ½ C. Berries Leftovers
PM Snack (4:30 PM)	½ C. Pretzels 1 Cheese Stick ½ C. Carrots Ranch Dressing 1 C. Juice	1 C. Tortilla Chips 2 T. Salsa ½ C. Bell Peppers 1 C. Juice	1 C. Wheat Thins 2 sl. Pepperoni 1 Slice of Cheese 1 C. Juice	1 C. Tuna w/Apples and Celery ½ C. Saltines 1 C. Juice	1 C. Salad 1 Cheese Stick ½ C. Croutons Ranch Dressing 1 C. Juice Leftovers



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